

## CERTIFICATE **OF PARTICIPATION**

This is to certify that

## **Ashleigh Jacques**

Has successfully participated & completed the

5km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

## **TIME** 00:40:35

**PACE** 08:06/km OVERALL 23 of 97

**GENDER** 10 of 66 **OPEN** 7 of 30

outLime

23 June 2019, Sun Date